

THE ONCOLOGY ASSOCIATION OF NATUROPATHIC PHYSICIANS

The OncANP is the professional association of naturopathic physicians who offer supportive healthcare for people who have been diagnosed with cancer.

- Committed to advancing the science and application of naturopathic medicine alongside standard cancer care and treatment.
- Dedicated to education and research in naturopathic oncology.
- Supports advanced training of naturopathic doctors in oncology. Board-certified members are awarded the status of Fellow by the American Board of Naturopathic Oncology (FABNO). Fellows represent the highest standard of the profession.

REFERENCES

1. Richardson MA, Sanders T, Palmer JL, et al. Complementary/Alternative Medicine Use in a Comprehensive Cancer Center and the Implications for Oncology. *J Clin Oncol* 2000 Jul;18(13):2505-1.
2. Horneber, M., Bueschel, G., Dennert, G., Less, D., Ritter, E., & Zwahlen, M. (2012). How Many Cancer Patients Use Complementary and Alternative Medicine: A Systematic Review and Metaanalysis. *Integrative Cancer Therapies*, 187–203.
3. Patricia L. Judson, MD, Reem Abdallah, MD, et al. Complementary and Alternative Medicine Use in Individuals Presenting for Care at a Comprehensive Cancer Center. *Integrative Cancer Therapies* 2017, Vol. 16(1) 96–103.

OncANP PRINCIPLES OF CARE

Learn about the guidelines that ensure safe and effective integrative care for cancer patients:

oncanp.org/oncanp-principles-of-care

To download this brochure, please visit:

oncanp.org/patient-resources



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INTEGRATE NATUROPATHIC MEDICINE INTO YOUR CANCER CARE PLAN

WHAT CAN NATUROPATHIC ONCOLOGY DO FOR YOU?

- ✓ Improve your quality of life during treatment, recovery and beyond.
- ✓ Reduce your risk of cancer and help prevent recurrence.
- ✓ Improve your health despite a cancer diagnosis.



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WHAT IS NATUROPATHIC MEDICINE?

Naturopathic medicine is a distinct practice of medicine that emphasizes prevention and the self-healing process to treat each person and improve outcomes. Naturopathic Doctors (NDs) complete pre-medical undergraduate studies and four-year, full time, doctoral programs of naturopathic medicine. NDs diagnose, prevent and treat acute and chronic illness, working to restore health by supporting inherent self-healing processes.

NATURAL AND SUPPORTIVE THERAPIES

Types of care offered by NDs varies by state and province, and may include:

- Nutrition
- Botanical/herbal medicine
- Lifestyle counseling
- Mind-body medicine
- Physical medicine
- Acupuncture
- Intravenous and injectable therapies

WHAT IS NATUROPATHIC ONCOLOGY?

The Oncology Association of Naturopathic Physicians defines “naturopathic oncology” as the application of the art and science of naturopathic medicine to the field of cancer care.

NDs trained in naturopathic oncology are educators for people diagnosed with cancer. NDs are knowledgeable about use of natural therapies for people receiving conventional treatment, and work to support effectiveness against cancer where possible.

INTEGRATIVE ONCOLOGY IS COLLABORATIVE CARE

Integrative cancer care allows health care workers to communicate and work together for patients. The goal of this approach is to support your best health and well-being: physically, mentally and emotionally.



HOW IT CAN HELP YOU

Surveys estimate that up to 80% of people with cancer use natural medicine alongside conventional treatment.^{1,2,3} The safest way for you to do this is to talk with your ND.

Patients benefit when NDs collaborate and share their expertise with conventional providers at all stages: from the time of diagnosis, during, and after treatment.

The goals are to:

- ✓ Help you feel better on a daily basis, and improve quality of life
- ✓ Reduce and manage side effects of treatment
- ✓ Maximize the results of cancer treatment
- ✓ Support recovery from treatment
- ✓ Decrease risk of cancer coming back
- ✓ Extend life where possible
- ✓ Provide education on diet and lifestyle

WHAT TO EXPECT

During a first visit with you, an ND will typically review your medical history, medical records such as laboratory, pathology, and imaging reports, as well discuss your lifestyle habits, mental, emotional spiritual health, and your goals. You can take an active role in your healing process! NDs help you focus on “self-care” through lifestyle-based changes.

Find a Naturopathic Doctor with a focus in integrative cancer care
www.oncanp.org